



3 GOOD HEALTH AND WELL-BEING





DRIVING COMMUNITY INITIATIVE FOR ENHANCED HEALTH AND WELL-BEING

In the landscape of academia around the world, UNAIR stands out for its significant contribution of health and well-being to communities. Aligning with the SDG 3, **UNAIR continuously promotes programs that blend scholarly expertise with community-focused strategy.**

A testament to this commitment is the “Sengkir Dewa Program”, conceived by students from UNAIR’s Faculty of Public Health (FKM). More than just a health initiative, **this program embraces cultural richness by promoting traditional beverages while simultaneously educating the community on the pivotal importance of exclusive breastfeeding.**

The FKM’s dedication doesn’t end there. Their “GALAKSI: Promoting Healthy Complementary Foods for Breast Milk” program has been instrumental in redefining dietary choices within the community. With a blend of education and doable guidance, **this initiative equips families with the knowledge to make informed nutritional decisions, ensuring optimal growth and health for their children.**

Further research to the community-driven health initiatives, UNAIR’s esteemed Nutrition Program Study has embarked on a transformative project: “Strengthening the Skills of Pegirian Village Alliance in Complementary Feeding Practices (MPASI).” Through immersive training sessions and hands-on experience, **village health advocates are empowered to deliver exceptional complementary feeding guidance, amplifying maternal and child health outcomes.**



GRADUATES



3,730

Number of graduates in health professions

On 2022

LEADING THE CHARGE OF UNIVERSAL HEALTHCARE

UNAIR is setting the benchmark in the pursuit of universal healthcare, consistently stepping up with pragmatic initiatives that underscore its commitment to public health. A series of forward-thinking projects have positioned UNAIR as a community guidance, especially in its provision of **complementary healthcare services**

In a nod to Independence Day, the Faculty of Medicine UNAIR organised the **“Free Health Checkups”**. This gesture goes beyond ceremonial observance; another testament to this commitment was the “4th Free Health Check-Up at the Panit Orphanage.”

For the dental health section, UNAIR’s Faculty of Dental Medicine has been pivotal, rolling out the **“Free Dental Care” program, offering top-tier dental services to the wider community.** Not to be outdone, the Faculty of Pharmacy has heralded the **“Medical Check-up Community Development (ComDev) 2022” program.** This venture is more than a service, it’s a statement, affirming the belief that health, as a universal right, requires collective endeavour.

Amplifying these efforts is the **“Pharmacom Medical Check-up”**. It showcases the transformative power of inter-faculty synergy in making healthcare more accessible. UNAIR’s endeavours paint a picture of an institution with dual excellence: producing world-class graduates while making tangible contributions to community health. In line with the principle of independence, UNAIR stands as a beacon, ensuring quality healthcare is within reach for all.



RESEARCH IN NUMBERS (2018-2022)



Publication

178



Citation Impact

1.97



Citation Count

3,756



UNAIR'S ADVANCES IN REPRODUCTIVE & CANCER AWARENESS

Indonesia struggles with **significant health and challenges, notably in the arenas of cancer and reproductive health awareness**. Leading the charge in providing actionable solutions to these issues is UNAIR committed to facilitating real-world impact.

Reproductive health, for instance, is a domain receiving heightened attention. Demonstrating a brilliant understanding of its importance, UNAIR's Midwifery Faculty students have spearheaded the **"Empowering Fathers" campaign**. This initiative underscores the pivotal role fathers play in bolstering both maternal and child reproductive health. It serves as a testament not only to the importance of paternal support but also to its broader implications for familial well-being.

Cancer, particularly cervical cancer, remains a daunting concern in Indonesia. In response, UNAIR Midwifery Faculty students have championed the **"IVA Pap Smear Awareness"** drive, aimed at early detection of cervical cancer. Given the alarming statistics related to cervical cancer in Indonesia, this initiative is a beacon of hope, illuminating the path towards informed early detection and prevention.

Breast Cancer, another formidable health adversary, is also on UNAIR's radar. Through their **"Breast Self-Examination Awareness"** campaign, the Midwifery students of UNAIR are at the forefront of amplifying public responsibility about early breast cancer detection. Further augmenting this initiative, UNAIR has fostered a strategic collaboration with the Community Health Center. The institution's Department of Pathological Anatomy offers an **"Early Breast Cancer Detection Awareness"** program, accentuating the importance of prompt screenings for breast cancer.

DID YOU KNOW?

UNAIR has the **Ksatria Airlangga Floating Hospital (RSTKA)**, which aims to provide healthcare services and serve the communities in remote island areas of Indonesia.

69

Island Visited

16,000

General Poly Patient

1,400

Surgery

2,200

Volunteer



Ksatria Airlangga Floating Hospital